I highly recommend Roméo Dallaire’s book “Shake Hands With The Devil.” In it, the Canadian Lieutenant General who was the field commander in the United Nations’ mission in Rwanda, portrays the UN as a dysfunctional entity and many of its officers as cowards. Allaire should know: he was there when Rwanda became the largest bloodbath since the Holocaust and he explains why the UN bureaucracy bears a lot of responsibility. It took courage to write this book, because in doing so, Dallaire has forever distanced himself from Canada’s political and military establishment.

The other price Dallaire paid is even higher: revisiting the past plunged him into suicide attempts, painful bouts of psychological treatment and a battle with alcoholism. In his book, General Dallaire refers to his sense of overwhelming ineptitude while on the scene and the guilt he’s had to deal with ever since. His wish for the future: to get better and return to Rwanda one day as a pilgrim. A must-read!